

Yoga In The Orchard

Join UpDog at Miller's Big Red Orchard



Thursday, September 14

6:30-8:00PM

\$18 per person (\$20 at door)

Enjoy a wagon ride into the middle of Miller's picturesque orchards to appreciate all that nature has to offer and enjoy a Basic Yoga Class with UpDog Yoga. Breathe the fresh Summer air and feel your stress disappear in the quiet stillness of the orchard. After class, the wagon ride takes us back to the Big Red Barn for complimentary cider and light appetizers.

Please arrive 10-15 min. early for check-in. Yoga class is one hour plus wagon ride, followed by appetizers immediately thereafter.

Miller's Big Red Orchard is a 15-minute drive from Rochester located at 4900 32 Mile Rd, Washington, MI 48095, one mile west of Mound Road.

**Pre-register online at UpDog or call 248.608.6668:
www.updogyoga.com**



www.updogyoga.com | 210 W. University Dr., Rochester, MI 48307 | 248.608.6668